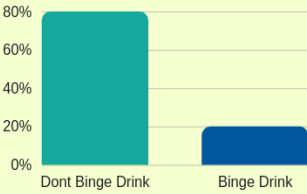


# ALCOHOL

Alcohol is a liquid depressant that is consumed in the form of beer, wine, liquor or alcopops. Alcohol is a mood altering drug that is legal for adults 21+ to purchase.



## Alcohol in Hawaii



80% of Hawaii's population **did not** binge drink in the past 30 days.

Binge Drink  
12.6%



Don't Binge Drink  
87.4%

87.4% of Hawaii youth ages 12-24 **do not** binge drink.



Every 30 seconds in the United States someone dies due to a drunk driver.

 =2,000 people



9,000 of Hawaii youth ages 12-24 report using alcohol in the past month.

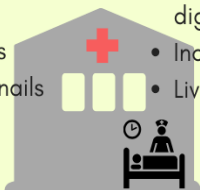
2017 Data

## Consequences

- It is illegal to drive with a Blood Alcohol Level (BAC) of 0.08 or higher - will be charged with driving under the influence. A BAC of 0.15 or higher is charged as a "highly intoxicated driver".
- There are 88,000 deaths annually attributed to excessive alcohol use in the United States.
- 18 million adults in the United States have an alcohol use disorder.

## Health Risks

- Drowsiness, nausea, vomiting
- At risk for alcohol poisoning or blacking out
- Muscle impairments
- Poor skin, hair and nails
- Brain damage
- Malnutrition
- High blood pressure
- Irritation & inflammation of digestive track/system
- Increased risk of cancers
- Liver disease





**Sources:** Center for Disease Control and Prevention, Honolulu Advertiser, Dontdiedrunk.org, NIAAA Data & Statistics, ADAD Client Data System Admissions, stopalcoholabuse.gov, drinkinganddriving.org, MedlinePlus Alcoholism, Standarddrinks.com, Abovetheinfluence.com, Alcoholalert.com, Centurycouncil.org, MADD, 2017 Hawaii Youth Risk Behavior Survey (YRBS)

This infographic was produced by the HIPRC for educational purposes only. Funded by the State of Hawaii DOH ADAD through Federal Substance Abuse Prevention and Treatment Block Grant funds.