

APA Div. 44 Clinical Issues Committee
LGBTQIA+ Children, Adolescents, and Young Adults
Living in Non-Affirming Environments Resource List

Queer Resources

Great resource overviewing difficulties faced by LGBTQ+ community during COVID-19 and substantial list of resources included

<https://www.health.harvard.edu/blog/covid-19-and-the-lgbtq-community-rising-to-unique-challenges-2020043019721>

College Students in Non-supportive Home Environments:

https://docs.google.com/document/d/11IYAeLIZEGexvmxanpQjTOE4xw_wsMQgS4uwt7GohvM/edit?usp=sharing

9 Strategies for Quarantining in Non-LGBTQ+ Affirming Environment

<https://www.them.us/story/9-strategies-for-quarantining-in-a-non-lgbtq-accepting-environment>

Health Clinics Serving LGBTQ+ community by State and City

<https://www.cdc.gov/lgbthealth/health-services.htm>

Family Acceptance Project: resources for encouraging acceptance of LGBTQ+ children

<https://familyproject.sfsu.edu/overview>

A toolkit for LGBTQ+ youth during covid

<https://www.pointsourceyouth.org/covid19toolkits>

Transgender & Gender Diverse Specific Resources

Transgender and Gender Diverse Resource List (updated monthly)

<http://watershedservices.biz/resources.html>

LA based family support group creating a positive environment for children, adolescents and their families to explore issues of gender identity. Offer phone support nationwide.

https://www.transformingfamily.org/contact_us

TransLifeline: Peer-to-Peer Support for Transgender Community

<https://www.translifeline.org/blog/post/trans-community-and-covid>

Site with many helpful resources for gender exploration and support

<https://www.genderspectrum.org>

An action plan for trans youth to promote healthy coping during COVID

<https://transequality.org/node/3860>

Phone Support & Crisis Resources

Includes list of several vital support lines

<https://www.glbthotline.org>

Trevor Project support

<https://www.thetrevorproject.org/get-help-now/>

TrevorLifeline for crisis: 1-866-488-7386