

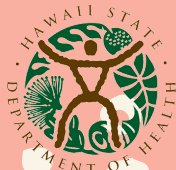
COVID Crisis Counseling
O'ahu 832-3100
Neighbor Islands
1-800-753-6879

Hours
Mondays - Fridays
4pm - 9pm
Saturdays & Sundays
9am - 9pm

Island-wide
O'ahu, Hawaii, Maui & Kauai



FEMA



SAMHSA
Substance Abuse and Mental Health
Services Administration

Kū Makani

By  HAWAII CARES

Let's Get Started!
Join our Zoom Sessions!
Every Thursday at 5pm

Keiki Pua

Zoom Group Sessions



Content

READING

- Allows older children to read to the younger children.
- Helps to make reading fun
- Promotes education
- Also provides incentives for children

EXERCISE

- Promote healthy living
- Encouraging youth to stay active
- Burn some energy
- Also allows for stretching

INTERACTIVE ACTIVITIES

- Interactive story telling
- Pictionary
- Dance Party Freeze
- Show N' Tell
- House Scavenger Hunt
- Alphabet Game
- Paper Airplane
- Rock, Paper, Scissors Tournament

Our Sessions

Promote reading, exercise, interactive activities, safety of COVID, and fun games!
Allows children ages 5-12 to participate and interact with children throughout the islands

Children will be able to
communicate and play with other kids their age!