

# ECSTASY



## WHAT IS ECSTASY?

- Chemically similar to methamphetamine (Ice) and mescaline (peyote).
- Ecstasy is a synthetic/designer drug (created from man-made chemicals, not natural compounds).
- Produced in drug labs mainly in Belgium and the Netherlands, but is also being made in the United States.

## HOW IS IT USED?

- ⇒ Mainly taken orally, usually in tablet or capsule form
- ⇒ Effects last approximately from 4-6 hours per hit.

## CLUB DRUG POPULARITY CONTEST

Ecstasy is considered the number one “club drug.”

- ⇒ The term “club drug” refers to drugs used mainly by young adults at all night parties known as “raves” or “trances.”

## ECSTASY STREET NAMES:

- ⇒ ROLLS
- ⇒ Rolling
- ⇒ MDMA
- ⇒ E or “XTC”
- ⇒ Happy Pill
- ⇒ Hug Drug
- ⇒ Liquid X
- ⇒ Lover’s Speed



Hammering = Meth & Viagra  
 Sextasy = MDMA & Viagra  
 Troll = MDMA & LSD  
 Super X = MDMA & Meth  
 Bumping Up = Cocaine & MDMA  
 P & P (Party and Play) =  
 Meth, Viagra, MDMA



## HAWAII TEEN DIES

On March 31, 2012 a 19-year old UH Hilo student attended Digital Wonderland, an event held at Wet ‘N Wild. Later that evening, she was found unconscious in a car in the Wet ‘N Wild parking lot.

She died on April 10 due to anoxic encephalopathy. Her brain was not getting enough oxygen because of the toxic effects.

Wonderland (ages 18+), Love Fest (ages 18 +) and High School Block Parties (ages 14—19) promote dancing and music. However, be mindful of the likely presence of drugs like ecstasy and drug paraphernalia.

## WATER POISONING & OVERHEATING

Deaths related to MDMA are due to several factors:

- ⇒ Mixing it with other drugs (especially alcohol)
- ⇒ Hyperthermia (overheating of the body)
- ⇒ Hyponatraemia (water poisoning—drinking too much water)
- ⇒ Lethal impurities added during production in and overdose.

## DISTURBING THE BALANCE

- ⇒ Interferes with the brains ability to think critically & memory
- ⇒ Effects similar to those found in people with Alzheimer’s
- ⇒ Disturbs the serotonin balance in your body, which changes your mood, sexual activity and even sleep
- ⇒ Body temperature cannot be regulated if you take this drug
- ⇒ Can result in the person having hypothermia. Which can lead to liver, kidney, and or heart failure.

## PSYCHOLOGICAL EFFECTS: PHYSICAL PROBLEMS:

- Confusion
- Depression
- Sleep problems
- Paranoia & Severe Anxiety
- Visual hallucinations
- Drug craving
- Muscle tension
- Involuntary teeth clenching
- Nausea
- Faintness
- Chills or sweating
- Increased heart rate & blood pressure

# PARAPHERNALIA OF POSSIBLE USE

A variety of drug related paraphernalia is an essential part of the rave-subculture. Many of these things are used by ravers as a means to advertise their participation in the party. This paraphernalia not only offer ravers a sense of belonging, but also serves other purposes such as physical and mental stimulation (when on the drug), covering up the drug, keeping hydrated, etc.



## LOLLIPOPS & PACIFIERS

- For involuntary teeth grinding caused by the drug. Ecstasy users often experience nagging pain with their teeth.

## VICKS INHALERS, GLOW STICKS, PAINTERS MASKS

- To intensify the stimulation and effect of drug

## WATER BOTTLES

- To keep hydrated or hide ecstasy in its liquid state

## CANDY/VITAMIN CONTAINERS, CANDY NECKLACES

- To hide or disguise the tablets

## BRIGHT BEAD NECKLACES & BRACELETS

- Referred to as “Kandy” & often associated with the rave scene

## FLYERS

- Upcoming raves are announced through flyers that can have intricate and bright designs, psychedelic, or 3-D images that are often collected by frequent party-goers.



# IN HAWAII AND NATIONALLY

- ⇒ MDMA has spread to high schools and is growing in popularity amongst middle school youth and teenagers.
- ⇒ According to the 2011 National Youth Risk Behavior Survey, 9% of Hawai'i high school students tried ecstasy at least once. This is a huge jump from 2007 when only 4.6% of Hawaii teens reported using ecstasy.

- ⇒ Among high school students surveyed nationally in the 2010 Monitoring the Future study, 4.5% of 12th graders, 4.7% of 10th graders, and 2.4% of 8th graders reported using Ecstasy at least once in their life.
- ⇒ In 2010, 8.2% of students had used ecstasy 1 or more times during their life.

REV. 10/2013

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All information was compiled by the Prevention Resource Center of Drug-Free Hawaii for educational purposes only. Sources: *Honolulu Advertiser*; ONDCP; NIDA; Join Together On-line; NIDA Drug pages MDMA; Drug Enforcement Administration; DAWN 2005 Report; CDC YRBSS 2009, Monitoring the Future study 2008-2009, Hawaii National Guard Counter Drug Program, Streetdrugs.org