

MARIJUANA

Marijuana comes from the plant *Cannabis Sativa*. The psychoactive ingredient in marijuana is Tetrahydrocannabinol (THC), which gives it a powerful high when smoked or ingested. Street names for marijuana include pakalolo, pot, weed, Mary Jane and grass.



HEALTH RISKS OF MARIJUANA



- Increases heart rate, anxiety and panic attacks
- Reduces ability to learn and retain information
- Interferes with brain function
- Reduces resistance to common illnesses
- Increased risk for asthma bronchitis and emphysema
- Increased risk of a heart attack

SIGNS OF MARIJUANA USE



Eating binges



Bloodshot/
glassy eyes



Incense or
breath mints
to hide odor



Giggly and
silly for no
reason



Burnt
fingertips



NATIONAL AND HAWAII STATS



- 1 in 6 youth who use marijuana will become addicted.
- In 2019, 36.8% of youth nationally say they have used marijuana.
- In 2019, 17.2% of Hawaii high school students reported that they currently use marijuana.
- In 2017, 78% of 18-year-olds reported that they have friends that use marijuana.

LEGAL PENALTIES

- Use or distribution of marijuana is a crime under both Hawaii and U.S. law.
- Marijuana is federally illegal in the United States. Federal law supersedes state law.
- Recreational marijuana is illegal in the state of Hawaii.
- Medical marijuana is legal for persons with a qualifying illness, such as terminal cancer. Persons seeking medical marijuana must obtain a doctor's recommendation and register with the State Department of Health to avoid criminal prosecution under Hawaii law.



Sources: The Honolulu Police Department Narcotics/Vice Division, Community Epidemiological Work Group, NIDA Marijuana: Facts for Teens, Epidemiologic Trends in Drug Abuse, 2017, ONDCP's Street Terms: Drugs and the Drug Trade, Hawaii Health Data Warehouse, U.S. Department of Health & Human Services, Alcohol and Drug Treatment Services, Hawai'i 5 Year Trends (2010 - 2015), www.samhsa.gov, www.honoluluupd.org, and the 2005 National Survey on Drug Use and Health (NSDUH), <http://www.justice.gov>, 2019 Youth Risk Behavioral Survey (YRBS), cdc.gov

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