

ALCOHOL

Alcohol is a liquid depressant that is consumed in the form of beer, wine, liquor or alcopops. Alcohol is a mood altering drug that is legal for adults 21+ to purchase.



National Statistics



Every 30 seconds in the United States someone dies due to a drunk driver.

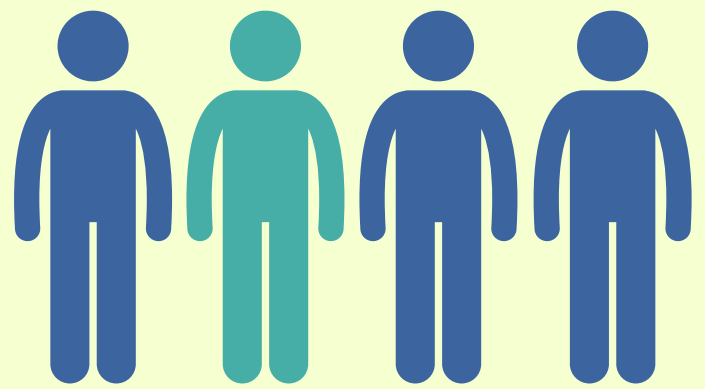


14.5 million people nationwide have an alcohol use disorder.

Hawaii Statistics



Approximately 20% of those living in Hawaii (more than 200k people) reported recently binge drinking or heavy drinking.



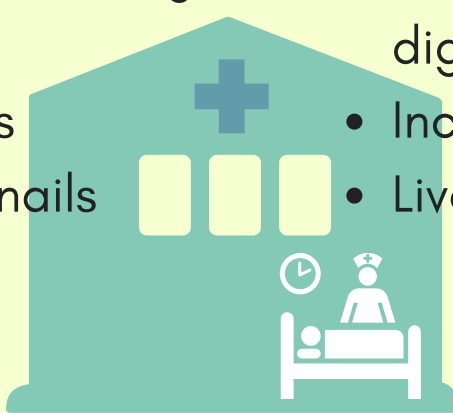
20.4% of Hawaii High School students stated that they have drunk alcohol within the past 30 days. Of those students, half of them reported binge drinking within the past 30 days.

Consequences

- It is illegal to drive with a Blood Alcohol Level (BAC) of 0.08 or higher - will be charged with driving under the influence. A BAC of 0.15 or higher is charged as a "highly intoxicated driver".
- There are 100,000 deaths annually attributed to excessive alcohol use in the United States.
- 16 million adults in the United States have an alcohol use disorder.

Health Risks

- Drowsiness, nausea, vomiting
- At risk for alcohol poisoning or blacking out
- Muscle impairments
- Poor skin, hair and nails
- Brain damage
- Malnutrition
- High blood pressure
- Irritation & inflammation of digestive track/system
- Increased risk of cancers
- Liver disease





Sources: Center for Disease Control and Prevention, Honolulu Advertiser, Dontdiedrunk.org, NIAAA Data & Statistics, ADAD Client Data System Admissions, stopalcoholabuse.gov, drinkinganddriving.org, MedlinePlus Alcoholism, Standarddrinks.com, Abovethelinfluence.com, Alcoholalert.com, Centurycouncil.org, MADD, 2019 Hawaii Youth Risk Behavior Survey (YRBS), National Center for Drug Abuse Statistics

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